## Midwest Operating Engineers Fringe Benefit Funds <u>Free Services</u>

Regardless of your health plan option, all plan covered services are FREE for eligible members, retirees (where applicable), and covered dependents (where applicable) if services are performed at any of our Exclusive Partners outlined below:

- ✓ Under the Affordable Care Act (ACA), preventive services are covered at 100% if you utilize an innetwork BCBS provider (for the PPO/EPO health plan options) or if you utilize an in-network HST Care Connect provider (for the OHC health plan option), including but not limited to annual wellness exams for the family, and age-appropriate immunizations. Most vaccines are \$0 for Medicare primary members enrolled in the RWP Medicare PDP; you must follow the formulary.
- ✓ Local 150 Primary Medical Homes: FREE access to quality health care
  - **Operators' Health Center**: Members can find an Operators' Health Center location by visiting **operatorshealthcenter.com**.
    - DOT physicals or employment physicals
    - Physical therapy services
    - Limited prepack medications provided at your appointment, if necessary
    - Behavioral health services at the Countryside, IL location
  - <u>Everside Health Centers</u>: Members can find an Everside Health Center location by visiting <u>eversidehealth.com/local150</u>.
    - All facilities offer free DOT physicals or employment physicals
    - Through our partnership with Everside, members can also utilize the 24/7 nurse line to seek after hour triage services.
    - Providers can prescribe and distribute generic medication, if necessary
    - Diabetes management program through Northwinds Pharmacy

Visit https://local150.org/moe/local-150-primary-medical-homes-2/ for additional information.

- ✓ <u>MinuteClinic</u>: Visit a MinuteClinic located in certain CVS and Target retail stores. Plan covered services are FREE, but there are some cash-pay services.
- ✓ <u>Absolute Solutions Imaging Network</u>\*\*: FREE MRI, CT/PET scans if medically necessary.
- ✓ <u>ATI Physical Therapy</u>: Provides physical therapy services for FREE, if medically necessary. ATI coordinates medical necessity directly with Valenz (Certification Manager). If you have other primary insurance, you must follow your primary insurance guidelines.
- ✓ Employee Resource Systems (ERS): The Member Assistance Program through ERS, Inc. offers up to five FREE counseling sessions (per episode) with master's-level clinicians for members and their families, regardless of eligibility.
- ✓ EveMed: If an EyeMed Advantage Network provider is utilized, members can receive a FREE eye exam. In addition, the EyeMed Advantage Network offers numerous discounts on frames, standard plastic lenses, contact lenses, LASIK, and hearing care.
- ✓ <u>Virta</u>: FREE type 2 diabetes management program (if you qualify). Visit <u>virtahealth.com/join/moe</u>.
- ✓ <u>Gateway Foundation or Recovery Centers of America (RCA)</u>\*\*: FREE substance abuse treatment and co-occurring mental health treatment, if necessary.
- ✓ <u>Midwest Coalition of Labor (MCL)</u>: FREE services for dues paying members (active and retired) in good standing.
  - Visit **coalitionoflabor.org** to review the applicable Active or Retiree booklet
  - MCL Health Centers (in partnership with Premise Health)– additional access to FREE quality health care in Northbrook, Grayslake, Elgin, Joliet (January 2, 2024), and Utica (Coming in 2024). Visit <u>mypremisehealth.com</u> to schedule an appointment.

