

# PLAN F-1 PPO

## SCHEDULE OF BENEFITS

### NON-MARKETPLACE (MONTHLY)

Effective April 1, 2024

All benefits are subject to eligibility, maximum Plan benefit, reasonable and customary determination (or negotiated fee amounts for PPO provider services), and any special limits noted in the Plan. Charges that exceed the reasonable and customary amount or the Plan limitations will not be eligible in determining Plan benefits.

Special rules apply to any benefits subject to the No Surprises Act. The No Surprises Act protects patients who receive emergency services at a hospital, at an independent freestanding emergency department and from air ambulances. In addition, the law protects patients who receive emergency services from an Out-of-Network provider at an In-Network facility. In certain circumstances, non-emergency items or services that are otherwise covered by the Plan from an Out-of-Network provider who is working at an In-Network facility are also subject to the No Surprises Act.

For benefits subject to the No Surprises Act, any cost-sharing payments count toward your In-Network deductible and In-Network Out-of-Pocket Expense Maximum. An explanation of your rights under the No Surprises Act is available at <http://local150.org/wp-content/uploads/2022/04/NSA-Notice.pdf>.

Eligible expenses must be medically necessary and are subject to the Plan Year deductible unless otherwise noted. Age limitations, as specified in this *Schedule of Benefits*, are applied as of the last day of the month in which the eligible dependent's birthday occurs.

Member Eligibility	
<b>Initial Eligibility</b>	The first day of the month following employment with your contributing employer.
<b>Continuing Eligibility</b>	Continuing eligibility will be determined on a month-to-month basis as long your employer makes the required contribution to the Fund on your behalf. The amount of the required monthly contribution is established by the Trustees and set in the contributing employer's collective bargaining agreement with the Union.
<b>Self-Payments</b>	You may not make self-payments to the Fund other than COBRA payments to continue your eligibility.
<b>Termination of Eligibility</b>	Eligibility will terminate upon the earliest of the following dates: <ul style="list-style-type: none"><li>• The last day of the month during which your employment terminates;</li><li>• The last day of the month for which the employer makes the required contribution to the Fund; or</li><li>• The date of your death.</li></ul>

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<b>Dependent Eligibility</b>		
<b>Initial Eligibility</b>	A dependent who meets the definition of an eligible dependent will become eligible on the date your eligibility is effective or on the date you acquire and enroll the eligible dependent, whichever is later.	
<b>Termination of Eligibility</b>	Dependent eligibility will terminate upon the earlier of the following dates: <ul style="list-style-type: none"> <li>• The end of the month in which the dependent stops being an eligible dependent;</li> <li>• The date your coverage terminates, except that in the event of your death, the dependent’s eligibility will terminate on the last day of the month for which you had satisfied the continuing eligibility requirements; or</li> <li>• The date of the dependent’s death.</li> </ul>	
<b>Local 150 Primary Medical Homes (Ages vary by location)</b>		
<b>Operators’ Health Centers (OHC), Everside Health Centers &amp; Midwest Coalition of Labor Health Centers (MCL Health Centers)</b>  Annual physical exam, preventive care/wellness visits, immunizations, sick visits, disease/condition management, clinical laboratory services, DOT physicals and specialty services, where available. A full list of services is available at <a href="https://local150.org/moe/local-150-primary-medical-homes-2/">https://local150.org/moe/local-150-primary-medical-homes-2/</a>  Not subject to the deductible	100%	
<b>CVS Minute Clinics</b>		
<b>Non-Emergency, Unscheduled Acute Illness or Injuries</b>  Additional “cash pay” services are available at a cost to the patient  Not subject to the deductible	Most services covered at 100%	
<b>Medical &amp; Prescription Drug Benefit Combined Out-of-Pocket Expense Maximum</b>	<b>In-Network ONLY</b>	<b>Out-of-Network (Not Covered Except as Noted in Chart)</b>
The amount of money applied toward the medical and pharmacy out-of-pocket maximum; it includes medical deductible and pharmacy copayments; it does not include coinsurance for orthoptic training or Temporomandibular Joint Disease (TMJ) treatment	\$4,500 per individual \$10,000 per family	\$6,500 per individual, when applicable \$14,000 per family, when applicable
<b>Medical Benefit (Comprehensive Medical Benefit)</b>	<b>In-Network ONLY</b>	<b>Out-of-Network (Not Covered Except as Noted in Chart)</b>
<b>Annual Maximum</b> Per Plan Year	Unlimited	
<b>Individual Deductible</b> Per person, per Plan Year All benefits are subject to the deductible unless otherwise noted The three-month carryover applies	\$100	\$100, when applicable

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<b>Medical Benefit (Comprehensive Medical Benefit)</b>	<b>In-Network ONLY</b>	<b>Out-of-Network (Not Covered Except as Noted in Chart)</b>
<b>Family Deductible</b> Per Plan Year The three-month carryover does not apply	\$300	\$300, when applicable
<b>Out-of-Pocket Expense Limitation</b> The most an individual could pay in a Plan Year for covered services, including the deductible. Individuals covered under Family coverage must meet their own individual out-of-pocket expense limit until the overall Family out-of-pocket expense limit has been met Does not include premiums, balance-billing charges, TMJ, orthoptic training, dental benefits, and health care not covered by the Plan	\$2,500 per individual \$6,000 per family	\$2,500 per individual, when applicable \$6,000 per family, when applicable
<b>PPO Networks</b>	BlueCross BlueShield PPO, Absolute Solutions, ATI, Gateway, Recovery Centers of America (RCA)	Not applicable
<b>Inpatient Hospital Services</b> Room allowances based on the hospital's most common semi-private room rate Pre-admission testing is covered once prior to surgery Requires approval by the Case Manager	80%	Not covered
<b>Skilled Nursing Facility</b> If recommended by a physician and confinement begins within 30 days of a hospital confinement Follow Medicare guidelines for breaks in skilled nursing facility care Maximum per disability: 45 days Requires approval by the Case Manager	80%	Not covered
<b>Home Health Care</b> If ordered by a physician Requires approval by the Case Manager	80%	Not covered
<b>Outpatient Hospital Services</b> Including licensed surgery centers Outpatient surgical procedures not performed in the doctor's office requires approval by the Case Manager	80%	Not covered
<b>Emergency Services in a Hospital or Independent Freestanding Emergency Department</b> Facility charges	80%	80%
<b>Diagnostic X-rays/Lab</b> X-rays and/or tests to diagnose a condition or to determine the progress of an illness or injury	80%	Not covered
<b>MRI/CT and PET Scans</b>	100%, not subject to the deductible when scheduled through Absolute Solutions; otherwise, 90%	Not covered
<b>Outpatient Physical and Occupational Therapy</b> Must be performed by a licensed provider Requires approval by the Case Manager	100%, not subject to the deductible if received at an ATI Physical Therapy Facility; otherwise, 80%	Not covered

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<b>Medical Benefit (Comprehensive Medical Benefit)</b>	<b>In-Network ONLY</b>	<b>Out-of-Network (Not Covered Except as Noted in Chart)</b>
<b>Outpatient Restorative Speech Therapy (Children and Adults)</b> Must be performed by a licensed provider Requires approval by the Case Manager	50%	Not covered
<b>Outpatient Speech Therapy for Developmental Condition, including Congenital Neurological Diseases for individuals ages two through 18</b> Must be performed by a licensed provider Requires approval by the Case Manager	50%	Not covered
<b>Outpatient Physical and Occupational Therapy for Congenital Neurological Diseases for individuals through age 18 only</b> Must be performed by a licensed provider Requires approval by the Case Manager	100%, not subject to the deductible if received at an ATI Physical Therapy Facility; otherwise, 50%	Not covered
<b>Orthoptic Training</b> For dependent children up to age 10 only Training needs to be prescribed by a covered provider Lifetime maximum: 40 visits Not subject to the deductible or out-of-pocket maximums Does not count toward the medical & prescription drug benefit combined out-of-pocket expense maximum or the medical benefit out-of-pocket expense limitation; if you reach an out-of-pocket maximum, you will continue to pay 50% coinsurance for orthoptic training services; the Plan will not pay 100% for orthoptic training services after you reach a benefit out-of-pocket maximum Requires approval by the Case Manager	50%	Not covered
<b>Physician's Medical/Surgical Care</b> Office visits, hospital visits, surgery, assistant surgeon, etc. Certain procedures performed in the physician's office may require approval by the Case Manager	80%	Not covered
<b>Preventive Care, including Well Woman and Well Child Care</b> Includes routine physical exams, routine labs, routine outpatient visits and immunizations Refer to <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> for more information and the list of current ACA-required preventive services	100% subject to ACA guidelines, deductible does not apply	Not covered
<b>Chiropractic Services</b> Limit of \$60 per visit and 24 visits per Plan Year	80%	Not covered

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<b>Medical Benefit (Comprehensive Medical Benefit)</b>	<b>In-Network ONLY</b>	<b>Out-of-Network (Not Covered Except as Noted in Chart)</b>
<p><b>Durable Medical Equipment</b>  Rental paid up to purchase price of the equipment, except for lifetime items that do not have a purchase price  Includes necessary adjustments or repairs, or replacement, if more cost effective  Electric wheelchair limited to \$15,000  Not subject to the deductible  Requires approval by the Case Manager on equipment over \$1,000</p>	80%	Not covered
<p><b>Foot Orthotics</b>  Custom-fitted foot orthotics prescribed by a physician  Plan Year maximum: \$350  Lifetime maximum: \$2,000</p>	80%	Not covered
<p><b>Prosthetic Devices</b>  Artificial devices to restore a normal body function  Requires approval by the Case Manager</p>	80%	Not covered
<p><b>Transplants</b>  Available to all non-Medicare-eligible members and dependents  <i>If Medicare is primary, Medicare-eligible members and dependents must use Medicare-approved providers</i>  Benefit begins five days (30 days for bone marrow) before the transplant date and ends 18 months after transplant procedure  Transportation and lodging maximum: \$10,000  Private duty nursing maximum: \$10,000  Requires approval by the Case Manager</p>	80%	Not covered
<p><b>Orthodontic Treatment of Temporomandibular Joint Disease (TMJ) Oral Appliance</b>  Not subject to the deductible or out-of-pocket maximums  Does not count toward the medical &amp; prescription drug benefit combined out-of-pocket expense maximum or the medical benefit out-of-pocket expense limitation; if you reach an out-of-pocket maximum, you will continue to pay 50% coinsurance for TMJ services; the Plan will not pay 100% for TMJ services after you reach a benefit out-of-pocket maximum  Lifetime maximum: \$4,000  Requires approval by the Case Manager</p>	50%	Not covered
<p><b>Cochlear Implants</b>  Requires approval by the Case Manager</p>	80%	Not covered

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<b>Medical Benefit (Comprehensive Medical Benefit)</b>	<b>In-Network ONLY</b>	<b>Out-of-Network (Not Covered Except as Noted in Chart)</b>
<p><b>Medical Transportation</b>  Includes ground and air transport from the site of the injury, medical emergency, or acute illness to the nearest facility  Includes ground non-emergency transfer from hospital to home hospice care if home is less than 100 miles from hospital  Inter-health-care-facility transfer maximum: \$5,000</p>	80%	
<p><b>Acupuncture</b>  Services performed by a licensed provider within the scope of his or her license  Maximum of 12 treatments per Plan Year  Up to \$125 allowable per visit</p>	80%	Not covered
<p><b>Sleep Apnea Appliance</b>  When ordered by a physician and provided by a medical equipment supplier or dentist  Appliance replacement once every five years if existing appliance is covered  Requires approval by the Case Manager</p>	80%	Not covered
<b>Mental Illness and Substance Abuse</b>	<b>In-Network</b>	<b>Out-of-Network</b>
<p><b>Mental Health and Substance Abuse Network</b></p>	Gateway, RCA	Not applicable
<p><b>Inpatient Care</b>  Requires approval by the Case Manager</p>	100%, not subject to the deductible if received at Gateway/RCA Facility; otherwise, Not Covered	Not covered
<p><b>Outpatient Care</b>  ABA Therapy, IOP and PHP requires approval by the Case Manager</p>	100%, not subject to the deductible if received at Gateway/RCA Facility; otherwise, Not Covered	Not covered
<p><b>Residential Facility</b>  Requires approval by the Case Manager</p>	100%, not subject to the deductible if received at Gateway/RCA Facility; otherwise, Not Covered	Not covered
<p><b>Member Assistance Program (MAP)</b>  Administered by Employee Resource System (ERS)</p>	Provides members and covered dependents with up to five no-cost visits per episode per Plan Year Additional counseling or treatment will require payment. <b>This Plan does not provide Behavioral Health or Substance Abuse benefits outside of the MAP, except if members and covered dependents use the behavioral health services at the Countryside OHC, Gateway or RCA .</b>	

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<b>Dental Benefit</b>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Dental PPO Network and Claims Administration</b>	Delta Dental PPO	Not applicable If you use a non-network dentist, Delta Dental will pay you directly, leaving you responsible to pay the provider
<b>Deductible</b>	\$0	
<b>Plan Year Maximum</b> No maximum for children under age 19	\$2,000 per adult (age 19 and older)	
<b>Preventive</b>	100%	
<b>Basic and Major Services</b> Fillings, crowns, root canal therapy, oral surgery, dentures, bridgework and other covered dental services	70% coinsurance is based on Delta Dental's Allowable Fee You pay the full cost of services above the Allowable Fee if you use an Out-of-Network provider	
<b>Orthodontia</b> Dependent children through age 18 only Lifetime maximum: \$2,000	50% coinsurance is based on Delta Dental's Allowable Fee You pay the full cost of services above the Allowable Fee if you use an Out-of-Network provider	
<b>Death Benefit</b>		
Available to members and eligible dependent	\$40,000 per eligible member \$2,000 per eligible dependent	
<b>Family Supplemental Benefit</b>		
This benefit can be used for non-covered medically necessary and un-reimbursed medical, dental and pharmacy benefit expenses, including items such as hearing aids, glasses, etc. It cannot be used to reimburse expenses covered under the prescription drug program  Reimbursement for Plan maximums and items covered at 50% that are not subject to the out-of-pocket maximum are eligible  Other than stated above, this benefit cannot be used to reimburse the deductible, copayment, or amount over the reasonable and customary amount	Maximum per family, per Plan Year: \$1,500	

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**Prescription Drug Program**

Prescription drug benefits will be paid for prescriptions on the OptumRx Select Formulary when filled at a pharmacy in the Pharmacy Benefit Manager's (PBM's) network

Long-term medications (Maintenance drugs) must be filled at a CVS retail pharmacy or through the OptumRx Home Delivery Pharmacy

Medical deductible does not apply for prescription drugs No coordination of benefits applies

Specialty medications must be filled through the Optum Specialty Pharmacy; specialty medications are limited to a 30-day fill

No coverage for out-of-network pharmacies until you reach your out-of-pocket maximum as noted below; once the out-of-pocket maximum is met, prescriptions will be paid at 100%

Medication used to treat Cancer and transplant medications billed by OptumRx are subject to the following 4-tier structure

	In-Network		Out-of-Network
	OptumRx Network Retail Pharmacy (up to two 30-day fills)	CVS retail pharmacy or OptumRx Home Delivery (up to a 90-day fill)	
<b>Generic Drug (Tier 1)</b>	\$5 copayment <sup>(1)</sup> for a 30-day supply	\$15 copayment <sup>(1)</sup> for a 90-day supply	Not covered
<b>Preferred Brand Name Drug (Tier 2)</b>	\$10 copayment <sup>(1)</sup> for a 30-day supply	\$30 copayment <sup>(1)</sup> for a 90-day supply	Not covered
<b>Non-Preferred Brand Name Drug (Tier 3)</b>	\$25 copayment <sup>(1)</sup> for a 30-day supply	\$45 copayment <sup>(1)</sup> for a 90-day supply	Not covered
<b>Specialty Drug (Tier 4)</b> Requires authorization	\$100 copayment <sup>(1)</sup> for a 30-day supply	Not applicable	Not covered
<b>Pharmacy Out-of-Pocket Maximum</b>	\$2,000 per individual \$4,000 per family		\$4,000 per individual \$8,000 per family
<b>Compounded Drugs (A minimum of one ingredient must be covered under the prescription drug program)</b>	Prescriptions exceeding \$300 require authorization		Not covered
<b>Convalescent or Nursing Home</b>	Follows the above copayment structure		50% of the cost of the medication

(1) Copayments listed are the Plan's basic copayment schedule; if the cost of the medication is less than the copayment listed, you will be responsible for paying the lower cost.

**Limitations & Exceptions**

Maximum of up to two 30-day supplies of the same medication, can be filled at any local in-network pharmacy before you are required to obtain a 90-day supply. If you are seeking a third refill, you must transition to a CVS retail pharmacy or the OptumRx Home Delivery Pharmacy or pay 100% of the cost of the prescription drug. Please call OptumRx at (855) 697-9150 or visit [www.optumrx.com](http://www.optumrx.com) for more information.

*When available, generic drugs will be substituted for all brand name drugs or medications. If you request a brand name drug, or if the prescribing physician indicates "no substitutions," when a generic equivalent is available, you will be required to pay the brand name drug copayment plus the difference in cost between the brand name drug and its generic equivalent unless determined medically necessary through the appeals process.*

*For a list of no-cost preventive medications, visit <https://local150.org/moe/prescription-drug-program/prescription-benefit-active-members-and-non-medicare-retirees/>.*

**This health plan option does not provide benefits for Behavioral Health/Substance Abuse Treatment, (unless if using the OHC, MCL Health Centers, Gateway, or RCA), Disability, and Accidental Dismemberment (if member is in good standing, supplemental Accidental Dismemberment can be purchased through the Midwest Coalition of Labor (visit [coalitionoflabor.org](http://coalitionoflabor.org) for more information)).**